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Jun 11, 2015 Nora Gedgaudas is the author of Primal Body, Primal Mind: Beyond the Paleo Diet for Total Health and A Longer Life. This is her plenary talk at the

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Nora Gedgaudas, CNS, CNT, is a certified nutritional therapist and neurofeedback specialist and is the author of the National best-selling book, Primal Body

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